



MESSAGE NOTES

Guard Your Heart

Proverbs 4:23

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1. Guard Your Heart

Proverbs 4:23 - "Above all else, guard your heart, for everything you do flows from it."

Why guard your heart? — "Everything you do flows from it."

What are you feeling, what are you thinking, will come out in everything you do. Like a river flowing into the sea, what's in your heart flows out.

2. What's in Your Heart?

The Heavenly Father looks to the heart and is most concerned at what is in our heart. He love us so much, and He wants that love to be what is in the river of our life, flowing out into everything we say and do.

3. Encouraging Each Other

We are to encourage one another to grow in our Father's love.

Hebrews 10:24-25

"And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

The Church at the time this was written didn't have a church building. When we can't meet in a building, we can still continue to stir up love and good works, and to be encouraging to one another.

Please remember, **when we go back to meeting in a building again**, that we aren't there for church attendance but to encourage one another in the LORD.

Review:

Read **Hebrews 10:24-25** again.

The main point is to encourage one another. We are to be blessed and be a blessing to one another.