



MESSAGE NOTES

Who is controlling your life?

Proverbs 4:23

Loyd Flaherty

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“Above all else, guard your heart, for everything you do flows from it.”

Why is it so important to guard your heart?

1. Your heart (what you think about) controls your life.

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“Above all else, guard your heart, for everything you do flows from it.”

2. Your mind is the battleground

Romans 7:22-23 “For in my inner being I delight in God’s law; 23 but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me.”

3. Guarding your heart/mind will bring peace in your life

If you let your mind wander around in all the possibilities of how things can get worse they will blind you to the blessings you are living in today.

Romans 8:6 “The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.”

Conclusion: Romans 12:2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”