

MESSAGE NOTES

CHOOSE LIFE

Deuteronomy 30:15-20, John 10:7-11

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Love other people

Every command in the Bible can be summed up in this one sentence 'Love God, love other people'. This is our life; this is how we live in the fullness of the life which Jesus has given us.

"let us not love with words or speech but with actions and in truth" 1 John 3:18

Real love isn't just a feeling or emotion, it's something you choose to do, it's an action. It takes an active conscious decision to not just think about and focus on yourself and but to focus on other people instead.

Love God

Jesus replied, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment." Matthew 22:37-38

To love God means to put God first in your life. When we prioritise anything over God, no matter what it is - even if it's a good thing like family and friends – if we prioritise it over God, we love that thing more than we love God and we commit idolatry.

God is our all satisfying, all surpassing joy. He is everything and all you'll ever need now and forever more - that's why it says in the Bible that to seek God first and to follow Him is the height of all wisdom.

We have the victory

"Through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death" Romans 8:2

We already have the victory; we just need to claim it. Jesus has set us free from the law of sin and death and so we all have the power and the ability to choose to love God and to love other people. If you're wavering between should I do this or should I do that? Should I not be doing this or not be doing that? It's can be quite simple, does what you're considering involve loving God and loving other people or does it involve putting yourself before God and before other people? If you want to be full of life as a Christian you need to follow the law of the Spirit of life – love God, love other people.