



MESSAGE NOTES

No Panic

John 11:5-7

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1. God's will and God's timing

In order to live a stress-free life, we need to trust in both God's will and God's timing.

John 11:5-7 Now Jesus loved Martha and her sister and Lazarus. So when he heard that Lazarus was sick, he stayed where he was two more days, and then he said to his disciples, "Let us go back to Judea."

John 11:21 "Lord," Martha said to Jesus, "if you had been here, my brother would not have died."

2. Less stress more rest

God has promised us less stress and more rest.

Matthew 11:28 Come to me, all you who are weary and burdened, and I will give you rest.

Jesus didn't visit everyone's house, He didn't speak to everyone, He didn't heal everyone. Jesus only done the things which His Father in heaven had prepared in advance for Him to do.

Ephesians 2:10 For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

3. Time out with God

Jesus had the most important task to complete in the history of the world and He was able to accomplish this taking plenty of time out to be alone with God.

The Serenity Prayer

God, give us grace to accept with serenity the things that cannot be changed, courage to change the things which should be changed, and the wisdom to distinguish the one from the other. Living one day at a time, enjoying one moment at a time, accepting hardship as a pathway to peace. Taking, as Jesus did, this sinful world as it is, not as I would have it. Trusting that You will make all things right, If I surrender to Your will, so that I may be reasonably happy in this life, and supremely happy with You forever in the next. Amen.