



MESSAGE NOTE

Surrender What You Can't Control

Philippians 4:6-7

James Brown

1. When we feel out of control

Philippians 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Because God loves us more than we could ever think or imagine, when we cast our anxieties on Him, we find peace.

1 Peter 5:7 Cast all your anxiety on him because he cares for you.

2. Things that can't be changed

We can't control the majority of things in life, so we should be constantly surrendering things to Him in prayer.

Romans 8:1 There is therefore now no condemnation for those who are in Christ Jesus.

You can't change your past or determine your future, try to stay focused on the present.

Matthew 6:34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

3. One thing that can be changed

The one thing you can change to improve your situation is yourself. You can't control what happens around you but you can control how you respond to it.

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.