



# MESSAGE NOTES

## When You Are Lonely

Isaiah 41:10

By Loyd Flaherty

### 1. Most People Have Felt Lonely

**Psalms 25:16**

“Turn to me and be gracious to me, for I am lonely and afflicted.”

Everyone struggles with loneliness at some point in their lives.

**Proverbs 18:24**“ One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother.”

### 2. Trade Fear for Love

**Isaiah 41:10**

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

**1 Peter 5:7**“ Cast all your anxiety on him because he cares for you.”

Many people say they feel a lot of anxiety and shame about not having close relationships. It seems as if everyone else easily makes close friends.

### 3. Listen and Learn

**Proverbs 1:5**

“Let the wise listen and add to their learning, and let the discerning get guidance”

Become genuinely interested and try to understand the people who are in your everyday life.

**Conclusion** : When you feel lonely be wise and add to your learning. There are so many lonely people waiting for you to speak with them. Help them to take the risk and open up. Don't be afraid to show kindness to others and become interested in the people you meet. Trade fear for love. God's love.