



MESSAGE NOTES

Trusting God

(How to overcome difficulties in trusting God)

Psalm 37:3-5

By Loyd Flaherty

Psalm 37:3-5, "Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Take delight in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this."

1. Difficulties in trusting God

God's values are not the same as ours.

Isaiah 55:8-9, "For my thoughts are not your thoughts, neither are your ways my ways... As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

If we hold onto values that are opposite of God's, it can create a gap in our understanding of His heart.

2. How can we develop trust in God?

Developing trust in God is a process that takes time and intentional effort.

Here are a few ways you can increase your trust in God:

- a. **Read the Bible** to learn more about God's character.
- b. **Pray to** connect with God and to seek His guidance and strength.
- c. **Practicing thankfulness:** When you focus on the blessings in your life and express thankfulness to God for them, you can begin to develop a deeper sense of trust and confidence in His provision.
- d. **Be friends with other believers** and Look for opportunities to serve and connect up with them.
- e. **Step out in faith** and watch God's faithfulness in action, and your trust in him will grow stronger.

Proverbs 3:5-6, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

3. Give thanks for what God has done

Psalm 107:1 "Give thanks to the Lord, for he is good; his love endures forever."

Throughout the Bible and in our own lives, we can see countless examples of God's provision, protection, and guidance.

Application: Keeping a record of God's faithfulness to you and remembering all He has done in difficult times can help you trust Him more.