



MESSAGE NOTES

Truth and Love

Ephesians 4:15

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"The Inseparable Relationship between Truth and Love."

One without the other is neither love nor is it truth.

1. Truth comes from God

John 14:6 "Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'"

Jesus is the truth, and all truth ultimately originates with God. It's not something we create or decide for ourselves.

2. Love and truth go together

1 Corinthians 13:6-7 "Love does not delight in evil but **rejoices with the truth**. It always protects, always trusts, always hopes, always perseveres."

This verse emphasizes that love and truth are intertwined. You can't have one without the other.

Love without truth is deception, and truth without love is judgmental. We need both to have a healthy understanding of God and His love for us.

3. Putting this into action

Ephesians 4:15 "Instead, **speaking the truth in love**, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

Ephesians 4:25 Therefore each of you must put off falsehood and **speak truthfully** to your neighbor, for we are all members of one body.

This verses above tell us that we are to communicate truthfully and honestly with others, while also expressing love and compassion.

Let's make a commitment to speak the truth in love.