



MESSAGE NOTES

Take Time to Pause

Psalm 46:10

Loyd Flaherty

Psalm 46:10 - "Be still, and know that I am God."

Take time to pause, be still and gain insight.

1. Speed isn't Everything — Pause

Proverbs 1:5 says "Let the wise listen and add to their learning, and let the discerning get guidance"

When we take the time to quiet our minds and listen, we can gain a better understanding of our situation and make wiser decisions.

By taking the time to pause and reflect, we can avoid making decisions that we may later regret.

Ecclesiastes 7:9 "Do not be quickly provoked in your spirit, for anger resides in the lap of fools."

2. When you know a lot — Listen

Proverbs 19:20 - "Listen to advice and accept discipline, and at the end you will be counted among the wise."

Listening to others who God has placed in our lives, we can avoid making decisions that are based only on our own limited perspective.

3. Commit to the Lord

Proverbs 16:3 - "Commit to the Lord whatever you do, and he will establish your plans."

Take a pause and commit to the Lord.

Seeking God's guidance and wisdom in decision-making can lead to more successful outcomes.