



MESSAGE NOTES

Spirit of Power

2 Timothy 1:7

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1. No fear

2 Timothy 1:7 God has not given us a spirit of fear, but of power and of love and of a sound mind.

These are some of the characteristics of the Spirit of God who comes to dwell in us the day we choose to accept and follow Jesus. God's will for us is only ever to be filled with His peace, hope and joy. Satan often uses fear to make us doubt and disobey God and to steal God's peace and joy from our hearts. God has not given us a spirit of fear but of power.

2. God's power

Zechariah 4:6 'Not by might nor by power, but by my Spirit,' says the Lord Almighty.

We don't live by our own human strength but by the power of God's Holy Spirit. The Spirit of the Lord Almighty lives inside of us. This means that when we live by this Spirit, we're stronger than anyone else in the world. As Christians we are called to be kind, gentle and strong.

3. God is our defender

Romans 8:31 What then shall we say to these things? If God is for us, who can be against us?

Our defense is safe in God's hands, we don't need to be constantly trying to defend ourselves. We discover the true power of God to work on our behalf when we take a step back from fighting for ourselves and allow Him to move into that situation. This is true strength.