



# MESSAGE NOTES

## Reasons To Be Thankful

James 1:17

James Brown

### 1. Change of focus

***James 1:17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights.***

We can be thankful to God for everything that's good in this life because it's all a gift from Him. There are things in life that aren't good and aren't from God but when we keep our focus on Him through it all we can maintain a heart of thankfulness in any situation.

### 2. Thanksgiving list

***Psalms 69:30-31 I will praise God's name in song and glorify him with thanksgiving. This will please the Lord more than an ox, more than a bull with its horns and hooves.***

God delights more in our praise and thanksgiving than in anything else. With just a little bit of effort we can transform our hearts from dissatisfaction and discontent to thanksgiving and praise. Try making a list of everything you're thankful for and praying over it every day. We glorify God by giving Him thanks.

### 3. Acting in thanks

***Colossians 3:17 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.***

Everything we do in life can be an act of praise and thanksgiving. When our hearts are in the right place, our motivation for everything we do can be out of thanksgiving for all that God has done for us. When we're thankful for what we have we automatically become more generous to the people around us.