



# MESSAGE NOTES

## He Knows Us

Psalm 139:1-3

James Brown

### 1. Fully known and fully loved

*Psalm 139:1-3 O Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways.*

We are personally and intimately known by God. He uses that knowledge of us to help us in any situation. He knows our hearts behind our words and actions. We are fully known, fully loved and fully accepted by Him.

### 2. He calls us by name

*Isaiah 43:1 "Fear not, for I have redeemed you; I have called you by name, you are mine."*

Jesus is our good shepherd. He calls His sheep by name and leads us to salvation. When we choose to follow Jesus, God writes our names in His book of life.

### 3. He sees us

*Genesis 16:13 She gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen the One who sees me."*

You may be feeling overlooked, hurt or mistreated by people but God sees you. He knows what you are going through. God cares for us more than we could ever think or imagine. We are precious and valuable in His sight.