



# MESSAGE NOTES

## All the Days of My Life

Psalm 23:4-6

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It's the changing of the season now. Change means we need to adjust. No matter what lies ahead, God is with us — comforting, providing, and giving us hope for the future. Even in the darkest valley, He leads us and gives us strength to keep going.

Psalm 23:4-6

4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. 6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

### 1. Protection and Guidance (v.4)

Psalm 23:4 “Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

The shepherd's rod (protection) and staff (guidance) show that God both defends and directs us.

### 2. Provision and Blessing (v.5)

Psalm 23:5 “5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

The table before enemies shows that God provides even in difficult situations.

### 3. Hope for the Future (v.6)

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Our hope is not only for eternity but for today—God is at work in our lives now.

### Application:

Live with confidence, knowing that God's love and mercy follow you daily.

- ◆ No matter what is ahead, God's comfort, provision, and hope sustain us.
- ◆ This week, take time to remember how God has been with you in the past and trust Him for the future.