



# MESSAGE NOTES

## Living Water

Psalm 42:1, John 4:14 and John 4:28-30

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### 1. We All Get Thirsty

Just like our bodies need water, our hearts and souls need God. We often feel tired, empty, lonely, or restless — this is spiritual thirst.

**Psalm 42:1 “As the deer pants for streams of water, so my soul pants for you, my God.**

### 2. Jesus Offers Living Water

**John 4:14 “Whoever drinks the water I give them will never thirst.”**

Jesus meets a woman who was **spiritually thirsty**—but she didn’t even know that she was. The water that Jesus gives satisfies deep inside and lasts forever.

### 3. Drink Deeply and Share It

“Drink deeply” means to fully receive and continually be refreshed from Jesus. Jesus doesn’t just want to give you a sip of encouragement now and then —He wants to fill you fully and refresh you daily.

**John 4:28–30**

**“28 Then, leaving her water jar, the woman went back to the town and said to the people, 29 “Come, see a man who told me everything I ever did. Could this be the Messiah?” 30 They came out of the town and made their way toward him.”**

When Jesus fills us, we overflow — we want to share with others.”

### Conclusion:

Jesus doesn’t just give us water — He is the water. Wherever you are — dry, tired, or full of questions — come to Jesus and drink living water.