



MESSAGE NOTES

Put Your Hope in God

Psalm 42:5

By Loyd Flaherty

1. Why Are Our Hearts Troubled?

Psalm 42:5 “Why are you cast down, O my soul?

And why are you disquieted within me? Hope in God...”

- We often look for peace in money, approval, and security.
- But these things cannot truly satisfy or sustain us.

2. God Invites Us to Call on Him

The answer is not "more things," but a "new Direction."

Jeremiah 33:3 “Call to Me and I will answer you, and show you great and mighty things which you do not know.”

Psalm 50:15 “Call on Me in the day of trouble; I will deliver you, and you shall glorify Me.”

- God promises to hear us when we call.
- Whatever you are facing, God invites you to come to Him.

3. Put Your Hope in God

Hope is not just a feeling; it is found in a Person.

Matthew 11:28

“Come to Me, all you who are weary and heavy laden, and I will give you rest.”

- Jesus promises rest for our souls.
- Find your lasting peace and protection in Him.

Conclusion

- Life changes, but God never changes.
- When your soul feels down— when your heart feels heavy—
→ Redirect your heart and mind.
→ Put your hope in God.