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MESSAGE NOTES

Choosing What Is Better

Luke 10:38-42

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1. Listening to God's voice

Luke 10:38-39 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. 39 She had a sister called Mary, who sat at the Lord's feet listening to what he said.

We need to listen to God's voice in order to make good decisions. As well as maintain a constant state of mind where we are listening more intently to that voice.

2. What worries and upsets us?

Luke 10:40 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

There are many things that can disturb our peace of mind. When your mind feels overwhelmed, set those thoughts aside for a moment and take some quiet time with God.

3. God gently leads us

Luke 10:40-42 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" 41 "Martha, Martha," the Lord answered, "you are worried and upset about many things, 42 but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

Even when we blame God for our wrong decisions, He still accepts us with kindness, speaks to us gently and tenderly guides us.